

September

2019

Dietary Restrictions? Contact Beth Damte @ 202-368-1630

Our Daily Selections:	Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Fresh Greens Garden Fresh Vegetables Shredded Cheese Hard-Boiled Eggs Assorted Dressings	2	3	4	5	6
		Club Panini on Ciabatta Roll Smoked Turkey Breast Crisp Bacon & Cheddar Cheese Baked Chips Fresh Fruit	Penne Pasta with Homemade Marinara Sauce Side Salad Fresh Fruit	Grilled Steak or Chicken Breast on Wheat Sub Baked Chips Chocolate Chip Cookie	Friday Pizza Lunch
Our Beverages: Milk Water	9	10	11	12	13
	Roasted Turkey Sandwich Baked Chips Fresh Fruit	Burrito Bowl w/ Ground Turkey Brown Rice Pico de Gallo Lettuce & Sour Cream	Mac and Cheese Side Salad Fresh Fruit	Taco - Chicken or Beef with Lettuce, Sour Cream & Cheese Chocolate Brownie	Chick-fil-A Lunch
Menu is subject to changes and substitutions without notice due to product availability.	16	17	18	19	20
	Grilled Steak or Chicken Breast on Wheat Sub Baked Chips Fresh Fruit	Taco - Chicken or Beef Brown Rice Beans Pico de Gallo Lettuce, Corn & Sour Cream Fresh Fruit	Grilled Cheese on Wheat Bread Baked French Fries Fresh Fruit	Homemade Chicken Tenders with Parsley Potatoes Chocolate Chip Cookie	Friday Pizza Lunch
	23	24	25	26	27
	Chicken & Veggie Stir Fry Brown Rice Fresh Fruit	Turkey Club Wrap Crisp Bacon & Cheddar Cheese Baked Chips Fresh Fruit	Spaghetti with Vegetables Side Salad Fresh Fruit	Grilled Chicken Breast Sandwich on Wheat Sub Baked Chips Chocolate Brownie	Friday Pizza Lunch
	30				
	Chicken or Beef Taco Fresh Fruit				